

Tuckshop

BREAKY - ALL DAY

Sourdough Toast - \$6

Toasted Muesli - \$11
w/ Seasonal fruit, natural yogurt and jam (v)
or coconut yogurt (VG) + \$2

Fruit Toast - \$6
+ w/ butter & jam

Banana Bread - \$7.5
w/ butter

3 Cheese Toastie - \$10
Tasty, american and mozzarella, dijon & pickles

Avocado on Toast - \$12
Bashed avo, mixed seeds, lime, herb salsa
and tomato. (VG)

Bacon and Egg Roll \$9
Panini, smoked bacon, fried egg, bbq or tomato
sauce

Tradie Roll - \$12
Double bacon, egg, hash brown, cheese
& house BBQ sauce

SALADS & TINGS'

Breakfast Box - \$16
Boiled egg, avocado, quinoa, herbs, bean and
chickpea salad, bubba ganoush, tomato, cucumber,
alfalfa, sauerkraut, rye toast

Pumpkin Salad - \$12
Roasted pumpkin, pickled red onion, chickpea, rock-
et, herbs, feta and sherry vin.

Tomato Salad - \$12
Broccoli, quinoa, cherry tomato, sunflower sprouts,
almonds, baby cavalo nero and citrus dressing

Salad Add-ons
+ Poached Chicken \$4
+ Slow Cooked Lamb Shoulder \$5

Salad Sandwich - \$11
Bubba ganoush, beetroot, carrot, tomato,
lettuce, alfalfa, red onion, cucumber, herbs on
wholemeal

BURGERS W/FRIES

Cheesy - \$12
Beef pattie, onions, pickles, cheese, mustard,
mayo & tuckshop ketchup
+ Double it \$3
+ Tomato and lettuce \$1.5

Aussie Burger - \$15
Beef, beetroot relish, cheese, tomato, lettuce,
cheese, onions, bbq mayo and pineapple ketchup
+ Double it \$3

Chicken Burger - \$15
Grilled Portuguese chicken, tomato, butter
lettuce, tasty cheese and sweet chilli mayo.

Shroom Burger - \$14
Mushroom schnitzel, tomato, lettuce, pickles,
onions vegan special sauce on a milk bun (V) or
tip top bun (VG)

Burgers served with Old Bay Fries
(All burger patties are served medium)

Chips - Small \$3.5 / Large \$6

KIDS

Bacon Sandwich - \$7
Bacon, tomato sauce on panini

Chicken Nuggets - \$7
w/ chips and tomato sauce

Little Tuckerbox - \$8
jatz, cheese, hummus, fresh fruit and veg

Kids Muesli - \$6
Muesli and Milk

Banana Bread - \$4

Add Ons & Extras

Fried Egg - \$3 / Boiled Egg - \$3
Hash Brown - \$2 / Avocado - \$4
Double Smoked Bacon - \$4

*Sorry No Subs

Hot Drinks

Coffee Roasted by Single O

White \$3.5 / \$4.2

Black \$3.5

Almond Milk - \$1

Soy/Strong/Decaf - \$0.5

Batch Brew - \$3.5

Masala Chai Latte - \$4

Hot Chocolate - \$4

Mocha - \$4

Bounty Hot Chocolate (VG) - \$5

Pancake - \$4

Soy, maple syrup, cinnamon

Tea Craft Loose Leaf Tea - \$4

Cloud & Mist

High altitude delicate green tea with buttery aroma served @ 70°C

Peppermint

Organic whole leaf peppermint

English Breakfast

Classic English Breaky mate / black or white

Heal

Healing blend of calendula petals, lemongrass, ginger, mint and fennel seeds

Masala Chai

Traditionally mixed spice chai, best served with milk and honey

Cold Drinks

Tuckshop Cold Brew

Black - \$4 / Milk - \$5

Fresh Juice Of The Day - \$7

Green Smoothie - \$8

Coconut Water, Spirulina, Spinach, Banana, Mint and Mango

Banana Smoothie - \$7.5

Banana, 'Thick As' Ice-Cream & Honey

Coke / Lemonade - \$3

Water / Ginger Beer - \$3

Milkshakes - \$5

Chocolate / Strawberry / Caramel / Vanilla / Malt

Remedy Kombucha - \$5.5

Arizona Ice Tea - \$4

Antipodes Sparkling Water - \$4

Nudie Orange Juice - \$4